

## Publication

KaziKidz Teaching Material for Foundation Phase, Grade 1-3: A short version of the teaching resources for Life Skills Teachers in the Foundation Phase Curriculum

### Authored Book (Verfasser eines eigenständigen Buches)

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KaziKidz Teaching Material for Foundation Phase, Grades 1-3: A short version of the teaching resources for Life Skills Teachers. Being physically active contributes to the development of physical competence and fitness as well as to the child's cognitive, social and emotional development. Physical Education (PE) plays a crucial role in the holistic education and development of children. Yet, in many schools from marginalised neighbourhoods, PE is not given the recognition and importance it deserves. For this reason, the KaziKidz teaching material was developed for teachers, principals, school staff or for those responsible from the Department of Education, in order to contribute to and support the quality of PE in these schools. The exercises and games in this book are easy to use, do not require a lot of material and are met with much joy and enthusiasm by the learners. The teaching material was developed by a team of South African and Swiss experts. The lessons meet the requirements of the South African Curriculum and Assessment Policy Statement (CAPS) and are supported by the Department of Education, Eastern Cape. We hope you enjoy the lessons!

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