

Research Project

integrative Human Circadian Daylight Platform (iHCDP)

Third-party funded project

Project title integrative Human Circadian Daylight Platform (iHCDP)

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Organisation / Research unit

Bereich Psychiatrie (Klinik) / Erwachsenenpsychiatrie UPK

Department

Departement Klinische Forschung

Project Website www.ihcdp.org

Project start 01.09.2021

Probable end 31.08.2025

Status Active

The interdisciplinary platform will integrate and comprehensively fuse basic, applied, and clinical aspects of human circadian daylight research to improve circadian health, quality of life and well-being across the lifespan. The iHCDP enables the development of a world-leading and unparalleled environment based on the tight interaction, communication, cross-fertilisation and collaboration among three independent but thematically overlapping research modules:

Circadian Visual Neuroscience (Lead: Prof. M. Spitschan)

Environmental Circadian Lighting (Lead: Dr. habil. M. Münch)

Circadian Health Clinic (Lead: Dr. C. Garbazza)

Keywords Light, Sleep, Circadian Health, Aging, Daylight

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