

# **Research Project**

m-Health / smartphone apps to foster adherence to medication

## Project funded by own resources

Project title m-Health / smartphone apps to foster adherence to medication Principal Investigator(s) Arnet, Isabelle ; Co-Investigator(s) Messner, Kirstin ; Organisation / Research unit Departement Pharmazeutische Wissenschaften / Pharmaceutical Care (Allemann) Project start 01.01.2019 Probable end 31.12.2026

#### Status Active

Medication adherence is a prerequisite to treatment outcomes. We will develop an Smartphone application aimed at fostering adherence to medication via mobile phone technology. Patients will record intakes and self-evaluate symptoms. Pharmacists will have a central role to play in interpreting the adherence data and delivering a targeted counseling. A report will be created that includes a pharmaceutical recommendation by the pharmacists and that will be shared with the physician. Physicians will be able to adjust treatment guided by adherence reports and self-evaluation of symptoms. Interprofessionality will be fostered. Feasibility study will be preformed with short-term PPI.

Keywords Smartphone application, non-adherence, chronic treatment

**Financed by** University funds

## Add publication

Add documents

## Specify cooperation partners

ID	Kreditinhaber	Kooperationspartner	Institution	Laufzeit -	Laufzeit -
				von	bis
4526365	Arnet, Isabelle	Sariyar, Murat, Prof. Dr.	Berner Fachhochschule,		
			Abteilung Medizininformatik	01.01.2019	31.12.2023