

## Research Project

### SWAMECO questionnaire (SWAllowing difficulties with MEducation intake and COping strategies)

#### **Project funded by own resources**

**Project title** SWAMECO questionnaire (SWAllowing difficulties with MEducation intake and COping strategies)

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**Organisation / Research unit**

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**Project start** 06.01.2016

**Probable end** 31.12.2022

**Status** Completed

We developed in 2016 a novel self-report questionnaire to assess subjective swallowing difficulties (SD) with medication intake and their practical consequences in ambulatory patients. The questionnaire consisted of 30 items divided into 5 sections Complaints, Intensity, Localization, Coping strategies, and Adherence. We validated it in people suffering from systemic sclerosis (SSc), a rare multisystem autoimmune disease that often leads to swallowing problems with food and liquids with progression. Then, we validated it in 2018/19 in the general population. The translation in English was performed in 2019/2020 as an exchange project at the University of York (Ireland). Now we will reshape the questionnaire to its use in pharmacy practice and develop tailored interventions.

**Keywords** swallowing difficulties, dysphagia, general population

**Financed by**

University funds

#### **Add publication**

##### **Published results**

3957329, Messerli, Markus; Aschwanden, Rebecca; Buslau, Michael; Hersberger, Kurt E.; Arnet, Isabelle, Swallowing difficulties with medication intake assessed with a novel self-report questionnaire in patients with systemic sclerosis - a cross-sectional population study, 1177-889X, Patient Preference and Adherence, Publication: JournalArticle (Originalarbeit in einer wissenschaftlichen Zeitschrift)

#### **Add documents**

#### **Specify cooperation partners**