

Publication

Subjective Well-Being and Public Policy

Book Item (Buchkapitel, Lexikonartikel, jur. Kommentierung, Beiträge in Sammelbänden)

ID 4491501

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Year 2018

Title Subjective Well-Being and Public Policy

Editor(s) Diener, Ed; Oishi, Shigehiro; Tay, Louis

Book title Handbook of Well-Being

Publisher DEF Publishers

Place of publication Salt Lake City, UT

Pages 954-968

Series title Noba Scholar Handbook Series: Subjective Well-being

Measures of subjective well-being have gained substantial attention in economics as quantitative approximations of individual welfare. They allow researchers to study relevant determinants of welfare on an individual as well as on a societal level. These determinants might not to be easily detectable in observable behavior. By referring to the recent well-being literature, we provide a selection of determinants of well-being that are important for public policy and show how the analysis of subjective well-being is applied as a complementary analytical tool for policy evaluation. We highlight the use of these measures for guiding public policy in areas that might involve suboptimal behavior. We also discuss some challenges for future research that are associated with the choice of evaluation metrics, the role of aspiration and adaption in evaluations, and utility misprediction.

URL https://www.nobascholar.com/chapters/7 **edoc-URL** https://edoc.unibas.ch/67272/

Full Text on edoc No;