

Research Project

Basic Motor Competencies in Europe – Assessment and Promotion (BMC-EU)

Third-party funded project

Project title Basic Motor Competencies in Europe – Assessment and Promotion (BMC-EU)

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Organisation / Research unit

Departement Sport, Bewegung und Gesundheit / Sportwissenschaften (Pühse)

Department

Project Website <http://mobak.info/bmc-eu/>

Project start 01.01.2018

Probable end 31.12.2019

Status Completed

The overarching aim of the project is to promote an active and healthy lifestyle in children and to foster health enhancing physical activity (HEPA). This will be done by means of three objectives in three project phases with specific intellectual outputs (IO):

1. We will obtain scientific information and feedback on the status and distribution of basic motor competencies in children in the specific partner countries. All project partners will collect data to provide a cross-cultural comparison of differences and similarities. Moreover the data will provide fundamental information for the teachers on their classes in comparison to children in other classes and on special needs of their children.
2. We will develop a toolkit to promote and support basic motor competencies. On the basis of the assessments, all partners will work together to create a modularized concept which can be adapted to specific groups or individuals to provide tailored interventions to children.
3. We will disseminate the support concept within the EU. All project results will be published and made accessible to teacher associations, universities and colleges, teachers, the scientific community, and important stakeholders in the field of education and health promotion.

Financed by

Other sources

Add publication

Published results

4643228, Wälti, Marina; Sallen, Jeffrey; Adamakis, Manolis; Ennigkeit, Fabienne; Gerlach, Erin; Heim, Christopher; Jidovtseff, Boris; Kossyva, Irene; Labudová, Jana; Masaryková, Dana; Mombarg, Remo; De Sousa Morgado, Liliane; Niederkofler, Benjamin; Niehues, Maïke; Onofre, Marcos; Pühse, Uwe; Quitério, Ana; Scheuer, Claude; Seelig, Harald; Vlcek, Petr; Vrbas, Jaroslav; Herrmann, Christian, Basic motor competencies of 6- to 8-year-old primary school children in ten European countries: a cross-sectional study on associations with age, sex, BMI and physical activity, 1664-1078, Frontiers in Psychology, Publication: JournalArticle (Originalarbeit in einer wissenschaftlichen Zeitschrift)

Add documents

Specify cooperation partners