

Publication

Anesthesia for ophthalmic surgery

JournalArticle (Originalarbeit in einer wissenschaftlichen Zeitschrift)

ID 3720637

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Year 2016

Title Anesthesia for ophthalmic surgery

Journal Therapeutische Umschau

Volume 73

Number 2

Pages / Article-Number 61-66

The majority of ophthalmic interventions can be done today under locoregional anesthesia using "Monitored Anesthesia Care" (MAC). General anesthesia techniques are mostly reserved for the pediatric segment and for patients with specific comorbidity and/or lengthy procedure. Cataract surgery in predominantly geriatric patients belongs to the field of the so-called "high volume-surgery": Given the low perioperative risk in this patient group, adapted and optimized processes are indicated. A focused premedication and informing these patients ensures good perioperative compliance. Preoperative tests are conducted in this patient population only as a function of relevant comorbidity. Premedication usually takes place as a classical anesthesia consultation, but new methods such as an internet-based premedication for healthy patients offers a new option. The intraoperative anesthesia method depends on the needs of the surgeon and the expectations and possibilities of cooperation of the patient.

Publisher Hogrefe

ISSN/ISBN 0040-5930 ; 1664-2864

edoc-URL <http://edoc.unibas.ch/53316/>

Full Text on edoc No;

Digital Object Identifier DOI 10.1024/0040-5930/a000757

PubMed ID <http://www.ncbi.nlm.nih.gov/pubmed/26982643>

ISI-Number WOS:000398687500003

Document type (ISI) Article